

POSIZIONE	KM totali	KM parziali	KM all'arrivo	22 Km/h	26 Km/h	30 Km/h	34 Km/h	39 Km/h
Mondovi -piscina Comunale -PARTENZA	0,0	0,0	132	9.30	9.30	9.30	9.30	9.30
corso Europa - via S.Bernardo -via Rosa Bianca	0,5	0,5	131,5	9.31	9.31	9.31	9.31	9.31
SP5 -fornace Pilone	1,0	1,0	131	9.32	9.32	9.32	9.31	9.31
SP5 - inizio salita Beila	2,0	1,0	130	9.35	9.34	9.34	9.33	9.33
rotonda Beila -direzione Villanova	3,0	1,0	129	9.38	9.36	9.36	9.35	9.34
Villanova -SP5 prima rotonda, direz. Roccaforte	6,0	3,0	126	9.46	9.43	9.42	9.40	9.39
Roccaforte -SP5 direz. Lurisia	10,0	4,0	122	9.57	9.53	9.50	9.47	9.45
Lurisia -bivio Mortè, inizio salita	12,5	2,5	119,5	10.04	9.58	9.55	9.52	9.49
Roccaforte-Mortè -fine salita	14,2	1,7	117,8	10.08	10.02	9.58	9.55	9.51
Chiusa Pesio -fine discesa	16,0	1,8	116	10.13	10.06	10.02	9.58	9.54
Chiusa Pesio -SP211	17,0	1,0	115	10.16	10.09	10.04	10.00	9.56
Pianfei -SP37, direzione dx	21,0	4,0	111	10.27	10.18	10.12	10.07	10.02
Villanova-Branzola -SP37 fine salita	27,0	6,0	105	10.43	10.32	10.24	10.17	10.11
Villanova - ingresso paese	28,0	1,0	104	10.46	10.34	10.26	10.19	10.13
Villanova -bivio SP243 direz. Madonna Pasco	29,0	1,0	103	10.49	10.36	10.28	10.21	10.14
SP243 Madonna del Pasco	31,0	2,0	101	10.54	10.41	10.32	10.24	10.17
SP243 S.Grato	33,0	2,0	99	11.00	10.46	10.36	10.28	10.20
Pogliola SP564 -bivio direz. Mondovi	35,0	2,0	97	11.05	10.50	10.40	10.31	10.23
SP564 rotonda Crava -direz. Mondovi	38,0	3,0	94	11.13	10.57	10.46	10.37	10.28
Mondovi -tangenziale	40,0	2,0	92	11.19	11.02	10.50	10.40	10.31
casello autostradale	45,0	5,0	87	11.32	11.13	11.00	10.49	10.39
SP12 -direz. Bastia	46,0	1,0	86	11.35	11.16	11.02	10.51	10.40
Bastia centro -dx ponte SP313 direz. Briaglia	51,0	5,0	81	11.49	11.27	11.12	11.00	10.48
Briaglia centro - RIFORNIMENTO	57,0	6,0	75	12.05	11.41	11.24	11.10	10.57
SP313 Briaglia -direz. Vicoforte	59,0	2,0	73	12.10	11.46	11.28	11.14	11.00
Vicoforte -Poggio, direz. sx	61,0	2,0	71	12.16	11.50	11.32	11.17	11.03
Vicoforte -bivio SS28, km 38	62,0	1,0	70	12.19	11.53	11.34	11.19	11.05
SS28 km 39+050 -bivio Olle, direz. San Michele	63,0	1,0	69	12.21	11.55	11.36	11.21	11.06
SS28 km 40+200 -direzione Mombasiglio	64,0	1,0	68	12.24	11.57	11.38	11.22	11.08
SS28 km 43+400 -SP34 direz. Mombasiglio	67,0	3,0	65	12.32	12.04	11.44	11.28	11.13
SP34 Mombasiglio -direz. dx (Lisio) - ACQUA	71,0	4,0	61	12.43	12.13	11.52	11.35	11.19
SP34 Lisio -direz. Viola	79,5	8,5	52,5	13.06	12.33	12.09	11.50	11.32
SP34 -Viola, SP326 direz. S.Gree	83,0	3,5	49	13.16	12.41	12.16	11.56	11.37
Viola S.Gree-SP330 - RIFORNIMENTO+ACQUA	86,0	3,0	46	13.24	12.48	12.22	12.01	11.42
Pamparato -concentrico	92,0	6,0	40	13.40	13.02	12.34	12.12	11.51
rotonda -SP35 direz. Serra	93,0	1,0	39	13.43	13.04	12.36	12.14	11.53
bivio Serra -SP183 direz. sx (S.Giacomo)	94,5	1,5	37,5	13.47	13.08	12.39	12.16	11.55
SP183 -bivio Cardini -RIFORNIMENTO	98,0	3,5	34	13.57	13.16	12.46	12.22	12.00
Montaldo - ACQUA	103,0	5,0	29	14.10	13.27	12.56	12.31	12.08
Corsagliola -SP183 direz. Corsaglia	108,0	5,0	24	14.23	13.39	13.06	12.40	12.16
SP183 Corsaglia direz dx (Frabosa) inizio salita	111,1	3,1	20,9	14.32	13.46	13.12	12.46	12.20
Straluzzo -fine salita	113,9	2,8	18,1	14.39	13.52	13.17	12.51	12.25
Frabosa Soprana -SP37 direz. Frabosa Sottana	115,0	1,1	17	14.42	13.55	13.20	12.53	12.26
Frabosa Sottana -direzione dx (Mondovi)	119,0	4,0	13	14.53	14.04	13.28	13.00	12.32
SP37 -fraz. Gosi	124,0	5,0	8	15.07	14.15	13.38	13.08	12.40
Villanova -rotonda direz. Dx (Mondovi)	126,0	2,0	6	15.12	14.20	13.42	13.12	12.43
SP5 rotonda Beila -direzione Mondovi	129,0	3,0	3	15.21	14.27	13.48	13.17	12.48
SP5 -fornace Pilone	131,0	2,0	1	15.26	14.32	13.52	13.21	12.51
via Rosa Bianca -via S.Bernardo -corso Europa	131,5	0,5	0,5	15.26	14.33	13.53	13.22	12.52
Mondovi -arrivo -km 132 - RIFORNIMENTO	132,0	0,5	0	15.29	14.34	13.54	13.23	12.52